Coverage for: Individual/Family Plan Type: Deductible HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage,

<u>www.communitycarehealth.org</u> or by calling 1-855-343-2247. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-855-343-2247 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$7,050 Individual / \$14,100 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and the other services listed in the "What you will pay" column of the chart starting on page 2, indicates services covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount, but a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for a specific service.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$7,050 Individual / \$14,100 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Copayment for certain services, premiums, balancing-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.communitycarehealth.org or call 1-855-343-2247 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.

Important Questions	Answers	Why This Matters:
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You Will Pay		Limitations, Exceptions, & Other Important Information
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Primary care visit to treat an injury or illness	0% coinsurance	Not covered	None
If you visit a health care provider's office or clinic	<u>Specialist</u> visit	0% <u>coinsurance</u>	Not covered	Referral is required. This plan will pay some or all of the costs to see a specialist for covered services, but only if you have a referral before you see the specialist. Preauthorization may be required for some procedures and services provided by specialists, but is not required for the specialist visit itself.
	Preventive care/screening/ immunization	No Charge, <u>deductible</u> does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	0% coinsurance	Not covered	None
ii you nave a test	Imaging (CT/PET scans, MRIs)	0% coinsurance	Not covered	None
If you need drugs to treat your illness or condition	Generic drugs	0% coinsurance	Not covered	Up to a 30-day supply (retail <u>prescription</u>); 90-day supply (mail order <u>prescription</u>). Subject to <u>formulary</u> guidelines.
More information about prescription drug coverage is available at	Preferred brand drugs	0% coinsurance	Not covered	Up to a 30-day supply (retail <u>prescription</u>); 90-day supply (mail order <u>prescription</u>). Subject to <u>formulary</u> guidelines.

O Madiant France	Carriera Van Mar Nasal	What You Will Pay		Limitations, Exceptions, & Other Important Information
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
www.communitycareheal th.org	Non-preferred brand drugs	0% coinsurance	Not covered	Up to a 30-day supply (retail <u>prescription</u>); 90-day supply (mail order <u>prescription</u>). Subject to <u>formulary</u> guidelines.
	Specialty drugs	0% coinsurance	Not covered	Up to a 30-day supply (retail <u>prescription</u>). Subject to <u>formulary</u> guidelines.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	Not covered	Preauthorization is required.
Surgery	Physician/surgeon fees	0% <u>coinsurance</u>	Not covered	None
	Emergency room care	0% coinsurance	0% coinsurance	None
If you need immediate medical attention	Emergency medical transportation	0% coinsurance	0% coinsurance	None
medical attention	<u>Urgent care</u>	0% coinsurance	0% coinsurance	Non- <u>Plan Providers</u> covered when temporarily outside the service area.
If you have a hospital	Facility fee (e.g., hospital room)	0% coinsurance	Not covered	Preauthorization is required.
stay	Physician/surgeon fees	0% coinsurance	Not covered	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	0% coinsurance / individual visit; 0% coinsurance / individual visit for other outpatient services visit	Not covered	Mental / Behavioral Health/ Substance Abuse 0% coinsurance / group visit
	Inpatient services	0% coinsurance	Not covered	None
If you are pregnant	Office visits	No Charge, deductible does not apply.	Not covered	Depending on the type of services, a copayment, coinsurance, or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	0% coinsurance	Not covered	None

		What You Will Pay		Limitations, Exceptions, & Other Important Information
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	Childbirth/delivery facility services	0% coinsurance	Not covered	None
	Home health care	0% coinsurance	Not covered	Up to 2 hours / visit, up to 3 visits per day / up to 100 visits per benefit year.
If you need help	Rehabilitation services	Outpatient: 0% coinsurance	Not covered	None
recovering or have	Habilitation services	Outpatient: 0% coinsurance	Not covered	None
other special health needs	Skilled nursing care	0% coinsurance	Not covered	Up to 100 days / benefit period
	Durable medical equipment	0% coinsurance	Not covered	Preauthorization is required.
	Hospice services	0% coinsurance	Not covered	Preauthorization is required.
	Children's eye exam	No Charge, <u>deductible</u> does not apply	Not covered	Coverage limited to one exam/year.
If your child needs dental or eye care	Children's glasses	No Charge, <u>deductible</u> does not apply	Not covered	Limited to one pair of glasses / year from select frames and lenses.
	Children's dental check-up	No Charge, <u>deductible</u> does not apply	Not covered	Limited to two check-ups / year.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Chiropractic Care
- Dental Care (Adults)
- Hearing Aids

- Infertility Treatment
- Long Term Care
- Non-emergency care when traveling outside the U.S.
- Private Duty Nursing
- Routine eye care (Adult)
 - Routine Foot Care
 - Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion
 Acupuncture (plan provider preferred)
 Bariatric Surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact:

Community Care Health Plan	1-855-343-2247 or www.communitycarehealth.org
Department of Labor's Employee Benefits Security Administration	1-866-444-EBSA (3273) or www.dol.gov/ebsa/healthreform
Department of Health & Human Services, Center for Consumer Information & Insurance	1-877-267-2323 X61565 or <u>www.cciio.cms.gov</u>
oversight	
California Department of Insurance	1-850-927-HELP (4357) or <u>www.insurance.ca.gov</u>
California Department of Managed Health Care	1-888-466-2219 or <u>www.healthhelp.ca.gov/</u>

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-855-343-2247.

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-343-2247.

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-855-343-2247.

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-343-2247.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$7,050
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%
Other (blood work) copayment	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$7,050	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$7,110	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$7,050
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%
Other (blood work) <u>copayment</u>	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$5,400	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$5,420	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$7,050
■ Specialist copayment	0%
■ Hospital (facility) coinsurance	0%
■ Other (X-ray) copayment	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	