



Doula & Maternal Support Resources

Fresno, Tulare and Madera Counties

About doulas. Doulas provide non-medical emotional, informational, and physical support before, during and after childbirth. Services and availability vary by provider.

Important coverage information: Doula services are not currently a covered benefit under Community Care Health (CCH) HMO or EPO products. Members who choose to use doula services may be responsible for all associated costs.

Fresno County

Resource	Phone	Languages	Selected Support
Star & Sky Doula	(559) 242-6812	English, Spanish	Antepartum, birth, lactation, NICU, perinatal loss/grief, postpartum
Mili Doula Mama & Baby Services	(559) 930-1834	Spanish	Birth, postpartum, full-spectrum support; perinatal mental health
Monalisa Doula & Childbirth Educator	(559) 361-5336	English, Spanish	Antepartum, birth, lactation, NICU, perinatal loss/grief, postpartum
Sia's Place Wellness Center	(559) 512-0441	English, Spanish, Hmong	Birth, lactation and postpartum support
*BLACK Wellness and Prosperity Center	(559) 767-1756	English	Antepartum, birth, lactation, perinatal loss/grief, postpartum

Tulare County

Resource	Phone	Languages	Selected Support
Myk in Bloom Full Spectrum Doula Services	(559) 302-6693	English	Antepartum, birth, lactation, perinatal loss/grief, postpartum
Monalisa Doula & Childbirth Educator	(559) 361-5336	English, Spanish	Antepartum, birth, lactation, NICU, perinatal loss/grief, postpartum
Rooted in Care LLC	(661) 229-7485	English, Spanish	Birth, lactation and postpartum support
Patty Villarreal-Maldonado	(559) 972-5016	English, Spanish	Antepartum, birth, lactation, NICU, perinatal loss/grief, postpartum

Madera County

Resource	Phone	Languages	Selected Support
Star & Sky Doula	(559) 242-6812	English, Spanish	Antepartum, birth, lactation, NICU, perinatal loss/grief, postpartum
Melissa Cerna Martinez	(559) 618-3085	English, Spanish	Full-spectrum doula services
Rebeka Fairchild	(559) 373-3125	English	Birth, lactation and postpartum support
Wave's Embrace Doula Services LLC	(209) 585-8610	English	Antepartum, birth, lactation, NICU, perinatal loss/grief, postpartum



Additional Resources

California DHCS Doula Directory: With one exception, the doula listings in this guide were identified through the California Department of Health Care Services (DHCS) Doula Directory. Members may also search the statewide directory for additional doulas who have opted to be listed by county. www.dhcs.ca.gov/providers-partners/doula-directory.

***BLACK Wellness & Prosperity Center:** Included as an additional local maternal support resource.

Behavioral health support: Members who need help accessing behavioral health services may contact SimpleTherapy at 800-644-2478 or visit SimpleTherapy at www.simpletherapy.com.

Resource information verified against the California DHCS Doula Directory in September 2026. Listings may change. The resources above are provided for informational and referral purposes only. CCH does not contract with, credential, endorse or guarantee the availability, services or fees of these independent resources. Members should contact the provider directly to confirm current services, availability and cost.